



John Scurr Primary School

# Packham Class: Meet the Team

Autumn 2023

# Uniform

We encourage our children to come to school looking smart and ready for good learning.

- Trousers: dark grey
- Skirt/Pinafore dress: dark grey
- Summer dress (check pattern): Blue and white check
- tights: white, dark grey
- Cotton shirt/polo shirt: plain white or pale blue
- Sweatshirt/jumper/cardigan: John Scurr Blue
- Head scarves should be plain white or John Scurr blue and is a short 'pull on' scarf.
- **In Packham class, we require at least one spare set of clothes for our sensory sessions.**

Please label any clothes your child is bringing into school, including spare.



# PE

This year, **Packham Class has their PE on Tuesday**. PE lessons consist of structured teaching in a variety of indoor and outdoor activities. To ensure full access and high performance in PE, **your children need to come to school wearing their PE kits on a Tuesday**.

- Plain shorts / leggings / tracksuit bottoms with school badge: (dark blue or John Scurr blue)
- Plain long or short sleeved T-shirt (white or pale blue). Additional sweatshirt ( blue)
- They will also need black trainers or plimsolls.



# Attendance & Punctuality

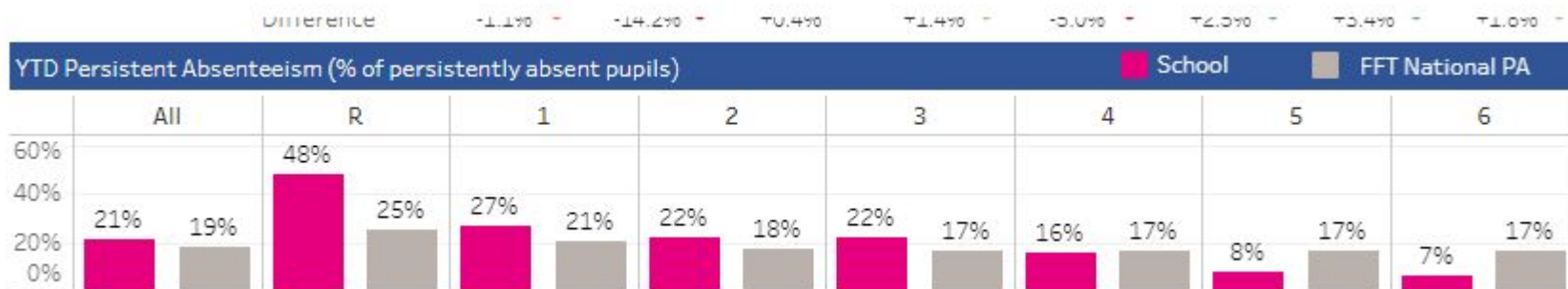
**Main gates open at 8:45.**

**The bell will ring at 8:45 am.**

- We will start our small group work at 8:50am so any children late are missing out on learning.
- Arrival after **8:55am** will be marked as late.

We hold high expectations of all of our students and expect them to attend school on time, every single day. Missing a single session has a negative impact on their learning and progress and we encourage you to mirror the same expectations at home. Please encourage your children to attend and refrain from keeping them at home unless absolutely necessary.

# Absences



# Timetable

- School day: 8.45am – 3.00pm



School day

- Break/Sensory Circuit 10.10-10.40

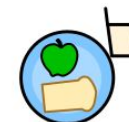


Play time



play time

- Lunch: 11.45-12.30pm



lunch

- Snack: 2.40pm



Snack



snack

- Home time: 3.00pm



Home time



home time

# Zones of Regulation

- To support our learners, we use the Zones of Regulation curriculum.
- Self-regulation can go by many names, such as self-control, self-management, and impulse control. It is defined as the best state of alertness of both the body and emotions for the specific situation.
- The lessons and learning activities are designed to help the students recognise when they are in the different Zones as well as learn how to use strategies to change or stay in the Zone they are in.
- In addition to addressing self-regulation, the students will gain an increased vocabulary of emotional terms, skills in reading other people's facial expressions, perspective about how others see and react to their behaviour, insight into events that trigger their behaviour, calming and alerting strategies, and problem solving skills.



Figure 2: Wall Posters of the Zones

# Online Safety

It is extremely important that your child's online activity is closely monitored and necessary restrictions are applied. This is to ensure their safety online and prevention of access to unsuitable material.

Please ensure you are not allowing your child to play games that are not age appropriate and that older siblings are also supporting you to maintain this.

If you need support in setting up parental controls on your devices, please seek support from us by emailing **[admin@johnscurr.towerhamlets.sch.uk](mailto:admin@johnscurr.towerhamlets.sch.uk)**



# School Ping App

- Please make sure that the school office has the correct phone number.
- Please make sure that you have the School Ping app on your device.
- Check that you are receiving updates from us.
  - Eg – did you receive the school ping about this meeting?

# Medical Tracker

We have started using an electronic method of logging all things medical. This includes administration of medication, illnesses and injuries.

You will receive an [email notification](#) if your child is injured or unwell at school. **Please do not panic if you receive one - if it is serious, we will contact you immediately like we already do!**

Medical tracker is a more efficient method of recording and tracking medical needs and will help to increase student safety and improve risk management.



# And...

Children need **water bottles** to be cleaned and refilled **every day** to ensure they remain hydrated throughout the day. We are able to refill them at school during the day but they need to be cleaned thoroughly at home every evening to maintain high levels of hygiene.

Please put your child's name on them.

## **Shoes/Trainers**

Children should wear shoes that allow them to run safely around the playground e.g. black trainers or black school shoes.

Please don't let your child wear wellington boots, they offer limited support for growing feet and make running and climbing difficult.

# If you have a concern or worry

Please contact the John Scurr office team on 0207 790 3647

Or email [admin@johnscurr.towerhamlets.sch.uk](mailto:admin@johnscurr.towerhamlets.sch.uk)